



Welcome

2nd workshop on Heroin Use among Teens

AGENDA

7-9 p.m.

1. School Resources and Next Steps
2. Prevention and Treatment Resources
3. Breakout Sessions



K-5 Elementary Programs



K-5 Elementary Programs

Our Elementary Goal:

To provide valuable information and reach students of all ages on the topics of decision-making, substance abuse, gangs, bullying, internet safety, communication, respect, peer pressure, refusal skills, conflict & anger management, health and wellness.



K – 5 Elementary Programs

Police Smart

G.R.E.A.T

CHOICES

Character Education

Health Smart



Police Smart Program

Suffolk County Police Department

- The program is designed to provide valuable information to students of all ages on the topics of substance abuse, gangs, bullying, internet safety and sound decision making.
- Kindergarten – 8th Grade



Police Smart Program

Kindergarten – 3rd Grade

Stranger

911

Seat Belt Safety

Bicycle Safety



Police Smart Program

4th Grade

Discrimination

Stranger

911

Seatbelt & Bicycle Safety

5th Grade

Tobacco

Alcohol

Marijuana



Police Smart Program

6th Grade

Beyond Gateway Drugs

Violence/Bullying

Internet Safety

7th Grade

Alcohol

Tobacco/Marijuana

Internet Safety



Police Smart Program

8th Grade

Beyond Gateway Drugs

Vehicle Survival for Middle School

Gang Life / Alternatives

Heroin



G.R.E.A.T

- G.R.E.A.T – Gang Resistance Education And Training
- Suffolk County Sheriff's Department
- 4th & 5th Grade Students



G.R.E.A.T

Bullying, Victim & Bystander

Decisions & Outcomes

Identifying Adults when Help is Needed

Clear Messages

Different Ways of Communicating

Identifying When we feel Anger

Controlling Anger

Similarities & Differences

Respecting Others

Golden Rule



CHOICES

Family Counseling Services

The Choices program is a 10 lesson prevention program concerning alcohol and other drugs. The focus is on mastery of life skills to prevent high-risk decisions. (10 years)



CHOICES

4th Grade Students

Peer Pressure
Decision-Making
Marijuana
Alcohol
Tobacco
Refusal Skills
Stress
Chemical Dependencies
Communication
Conflict Management



K-5 Elementary Programs

Character Education

10 Monthly Virtues

“Town Meetings”

Monthly Newsletters

Activity Calendars

Health Smart

District Wide Curriculum



Middle School and High School Programs

Jim Griffin- Health/Physical Education Chairperson

Mark Mensch – Director of Health, Physical Education,
Athletics, Family and Consumer Science



Next Steps

- Narcotics Anonymous – meeting to discuss groups for students.
- Website – Information is posted on our website
- Attended Heroin Meetings in other communities.
- Parent Athlete meetings to include additional conversations about drug use.



Next Steps

- **William Floyd Drug and Alcohol Prevention Week**
Activities to include conversations/presentations with students in class, presentations for parents/students in the evening (perhaps Dr. Dewey), marketing campaign similar to red ribbon week (posters, etc), Mr. Balzer and family to present film. **Target date week of March 1-5, 2010.**
- **Other activities** include exploring expansion of health smart curriculum, teacher professional development opportunities, programs for students in the freshman academy, peer to peer programs and coordination with Floyd gets fit initiative (Health and Wellness)



Prevention Resources

Robin McKinnon, Prevention Specialist
Prevention Resource Center

Treatment Resources

Lisa Hulahan-Aiello - LCSW Seafield
Caroline Sullivan - Managing Director of DAYTOP



Breakout Sessions

- School District
- Treatment Resources
- Prevention Resources
- Mr. Balzer to discuss issues parents need to be aware of